

THE MATHEMATICS OF UNITY CONSCIOUSNESS



handbook for nondual living

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OF
UNITY CONSCIOUSNESS

by
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EBOOK EDITION

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Adult Reading Material

The Mathematics of Unity Consciousness Handbook For Nondual Living

Foreword

Since early childhood, we have all been taught the mathematics of the waking state. And it is useful if you want to buy a pound of tomatoes or a piece of land, or if you want to build a bridge or an airplane. Yet the waking state isn't the ultimate reality. It is based on the perception of duality. Hence, it distinguishes between positive and negative forces, it calculates limits, and it defines boundaries.

This little handbook is about the 4th state perception. James Carse would call it infinite mathematics. It is not based on separate consciousness, but on unity consciousness. Thus, it is infinitely more simple than finite mathematics. It knows nothing of end points, it doesn't even entail lines. It all comes down to one equation. And a kind of geometry any child could make sense of.

The Infinite Formula

$$(\dots = -3 = -2 = -1 = 0 = 1 = 2 = 3 = \dots)$$

To put it in a different way:

$$\infty = (\text{neg}) = (\text{pos}) = 0$$

Admittedly, you won't know how many kids you have, the car you build based on this formula will crash before you even move it, and the tomato seller will call you insane - yet here we go. This is all there is and ever will be if seen with nondual eyes. The forth state perception sees all as one - and zero. In nondual awareness, there is no distinction between positive and negative. Adding makes no sense, because the sum is always one - and zero.

Anything equals the other. Infinity isn't a number. Or rather, any number is infinite. Because all is equal. Equality is infinite. All is one, and one is all.

Meanwhile, there is no one. Nothingness appears as oneness, and oneness appears as all there is. So all is equally one and nothing.

Practically speaking, when you are looking at your spouse, you are looking at yourself. And at the same time, at nobody. Because both you and him or her are in fact nothing appearing as somebody. And when you are looking at the world, you aren't really looking at a world out there - but at a world within yourself. You are looking at yourself as a world. And just like your spouse and you, that world is in fact nothing appearing as something.

Positivity and negativity do not exist here. They are seen as equal. Neither do multitudes and complexities exist. They all disappear into one - and nothing. It's all very simple. That's why life becomes very simple once it is lived from the forth state.

In finite mathematics, zero is the crossroads between positive and negative numbers. That's actually the only significance it has in finite mathematics. In infinite mathematics, zero isn't the number representing the balance between positive and negative. In infinite mathematics, zero isn't even a number. It is the source of all numbers.

I don't know much about black holes, but the zero in infinite mathematics might be the black holes of the cosmos. It can be called nothingness, yet it is the eternal birthplace of all there is. It's the ultimate paradox infinite mathematics revolve around: All but zero entails the appearance of something - while it is in fact nothing. Meanwhile zero appears as nothing - while it in fact entails all there is. It is the birthplace not only of the finite, but of infinity as well.

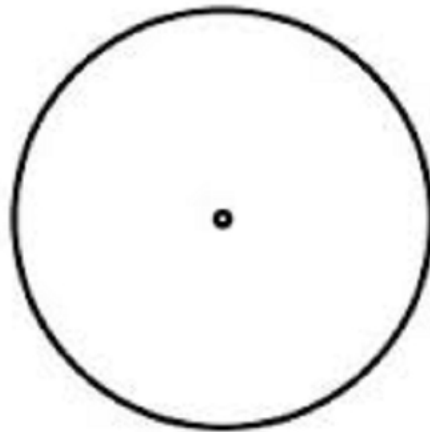
In finite mathematics, infinity equals undefinable increase of either positive or negative numbers. So it's seen as the undefinable number. In infinite mathematics, infinity isn't an undefinable number, and it has nothing to do with in- or decrease. In infinite mathematics, infinity is that in which all numbers appears. Numbers symbolize finite forms, finite appearances of separate consciousness. Yet those finite appearances appear within unity consciousness - which is infinite by nature.

Infinite Geometry

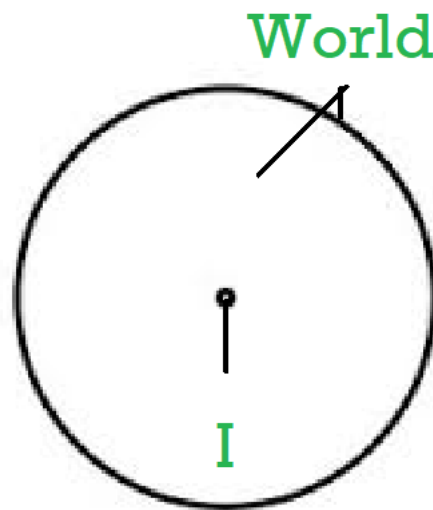
We all know what the circle of infinite geometry looked like if you still wanted to include the positive/negative duality:



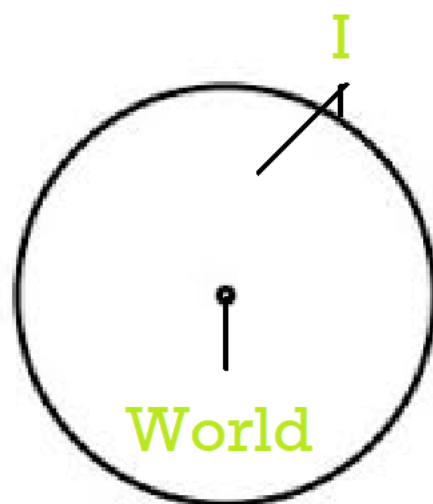
This is what infinite mathematics come down to if you simplify even beyond yin and yang:



As we all know, separate consciousness – the common waking state perception – is built upon the subject-object duality of „I“ and „World“:



Unity Consciousness is neither the deep sleep state, nor the dreaming state, nor waking state consciousness. That is why Ramana Maharshi called it the forth state. All is but one consciousness. All is „I“. Mind, body, world appear within the „I“:



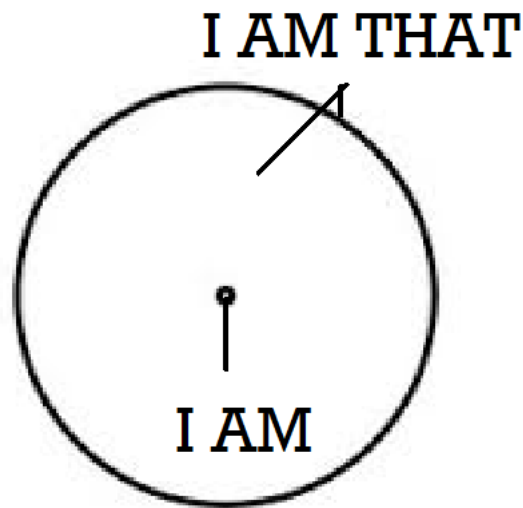
If you are familiar with Nisargadatta's teachings and terminology, you will prefer to look at the forth state reality this way:



Basically, the forth state implies that any appearing world or form is the „I AM“ appearing as „I AM THAT“. Pure consciousness is the frame within which everything appears. Fullness appears within emptiness. Form appears within the formless. Sound appears within silence. This is why all is one. Because all comes back to the same source, the „I AM“ of pure consciousness. Any content of consciousness is just an appearance of that which is without appearance.

The Paradox of Infinite Geometry

While everything appears within pure consciousness, pure consciousness is the center of everything that appears. So while the „I“ is the frame within which everything appears, it is also the center point from which consciousness creates appearances of „I AM THAT“. So you might as well see it all the other way around. Yet, you don't perceive the the duality of separation. You perceive the duality of consciousness without appearance vs. consciousness as appearance.

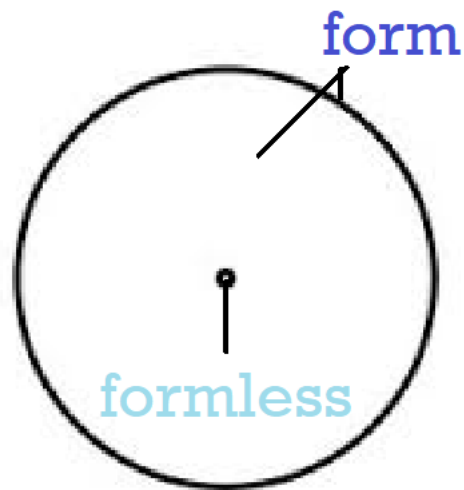


This is the paradox of living nonduality and nondual living. You are in fact a living paradox. This is also why teachers like Jed McKenna state that while there is an end to the search, while there is enlightenment, there is also a continuous „further“ beyond the end of the search. If you manage to wake up from the dream and to look at the dream scenario from outside, you are in fact looking from the forth state.

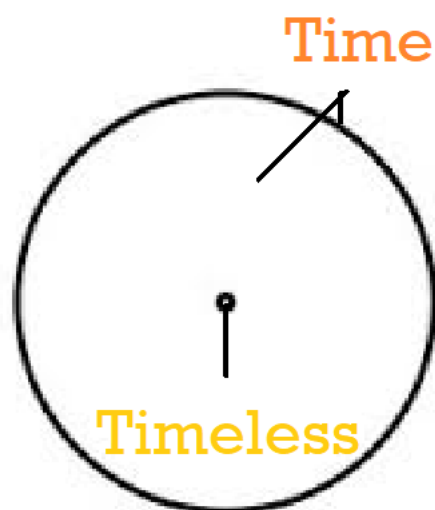
Yet, the dreaming continues, and if you want to grab the opportunity to deepen your understanding of consciousness and to extent your awareness of it, then you need to face the continuation of the dreaming with the beginner's mind. You don't face your life from the standpoint of being done, but from the standpoint of just being born. Of continuously being born as the world of appearance.

This is quite a stretch. And quite a paradox to be. You are out – while being in. And you are in as all of appearance and as the non-appearant nature of all of appearance – while at the same time appearing as a single point within all of appearance, a human being. And while you are done with the business of waking up as a human being and realizing your true nature, you are the center point of consciousness from which ever-new circles of appearance are born - and into which they vanish once they die. You

are the nameless birthplace of ever-new names, you are the formless core of ever-new forms:

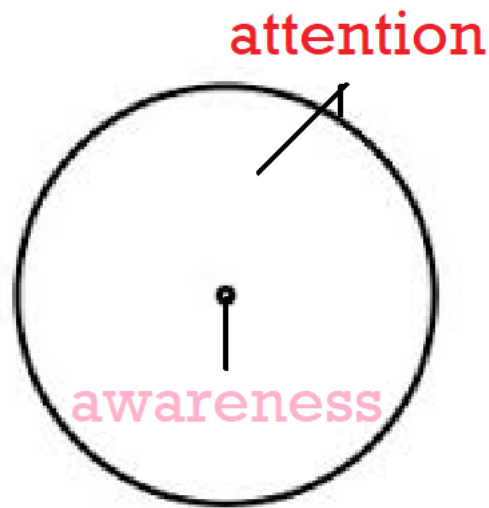


You are the timeless reality giving birth of circles of time:

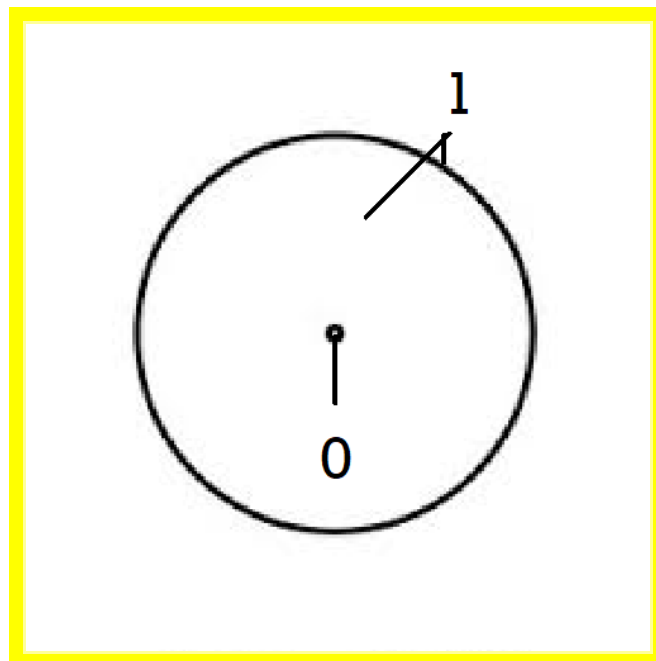


And while you are the awareness within which all of consciousness appears, you are

also the movement of awareness becoming attention. Without that first movement of awareness becoming attentive, the notion of „I AM“ wouldn't arise, consciousness wouldn't exist.



Awareness becoming aware of – attentive of - itself is the movement from zero to one. Before any appearance of two can be born, the appearance of one, the „I“ must be born.

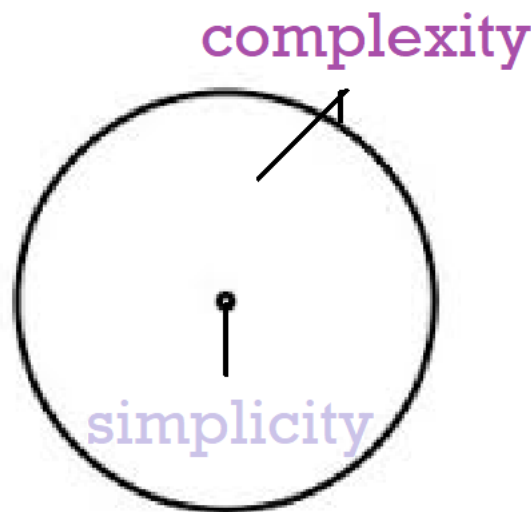


Infinite Simplicity

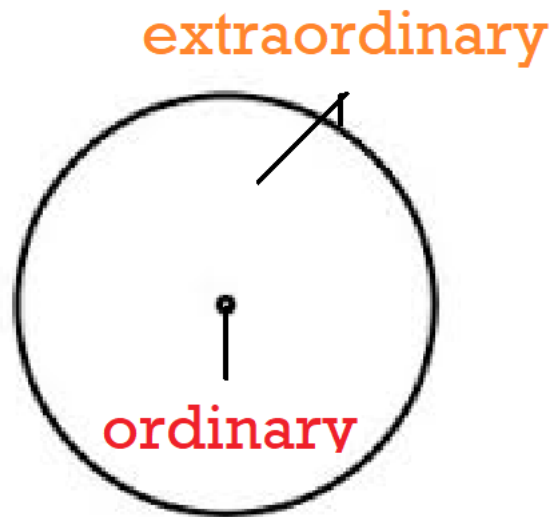
Nondual living is the integration of the infinite complexity of the dual world into the infinite simplicity of nondual consciousness.

Your true nature is the genius of who you are. Genius isn't what people take it to be. It is not the ability to understand or even create mental or material structures of extraordinary complexity. Having such capacities is a matter of the dual mind working extraordinarily well.

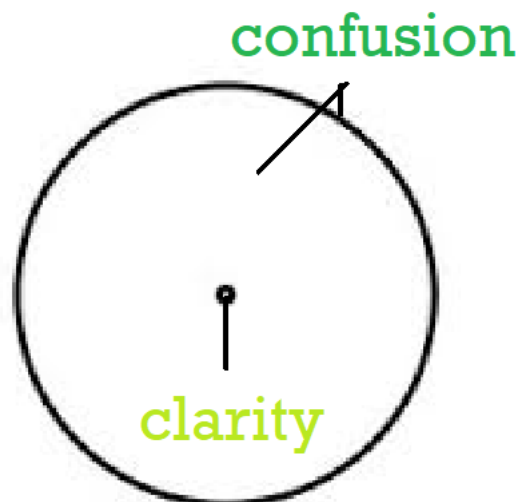
Genius, on the other hand, is not a matter of dual mind capacity. It is the capacity to see the simplicity within any complexity:



And to see the ordinary of the extraordinary:



Ego, the egoic self, the dual mind is nothing but the human mind lost in confusion.
Genius, the true Self, is nothing but the human mind home in clarity:

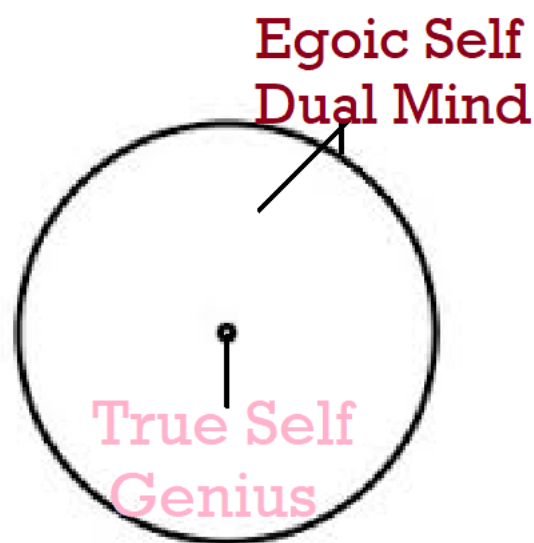


Seeing the simplicity is being the simplicity. Seeing the ordinary is being the ordinary. Seeing clearly is being clarity.

The true Self doesn't find a solution – it is the solution. It doesn't dissolve confusion by showing a path towards clarity – it is the clarity. And clarity is the absence of anything to be solved or dissolved. Just like presence is the absence of time, clarity is

the absence of confusion.

Ego is an appearance of form. A form of mind. It is a form of mind that is egocentric by nature. Thus, it is dual by nature. It is lost in and to form by nature. Genius, on the other hand, sees the formless within the form. It sees the emptiness within fullness. It sees the unity within separation. It sees the no-self within ego. Because it is the formless, empty, all-encompassing no-self: the true Self.



The dual mind of the egoic self is obviously constantly busy. It has to navigate infinite complexities and make constant efforts to make sense of the confusing mess of the ever-changing inner and outer forms it comes across. The waking state has to be a state of high alert. And constant effort to try to avoid whatever is considered unpleasant or even dangerous at any given moment, and to try to move towards that which appears to be desirable.

To have any chance at all to be successful at that, inner states and outer circumstances have to be monitored constantly, and serious decisions wait to be made at any given crossroads. For any decision to be „right“, the current circumstances always need to

be compared with memorized experiences. If there is a new variable at stake, knowledge needs to be gathered concerning the new variable and the decision be adapted depending on the gathered knowledge.

The forth state, on the other hand, doesn't require extra attention to anything, since everything has been seen through already. The need to make any effort whatsoever seems ridiculous from here. All is empty anyway. There is no confusion about anything.

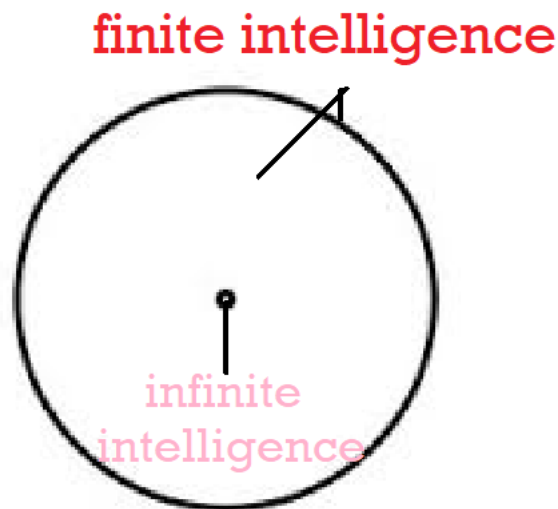
Movement may happen or not, movement of the body, movement of the mind, yet there is no notion of a self moving the body or doing the thinking. Living doesn't even require any decisions to be made. Life lives itself. With a beginner's mind. Effortlessly.



#If you are familiar with James Carse, you may prefer his terminology:

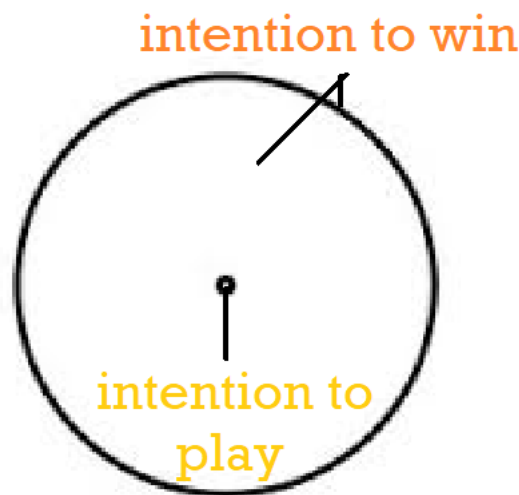


So the dual mind logic vs. True Self Genius circle would look like this:



Obviously, the finite player isn't capable of recognizing infinite players and play and has no access to his own infinite intelligence. The infinite player on the other hand is very much capable of playing finite games. But he will not do so unless moved to do so by the infinite intelligence, by the true Self – as the infinite player he is.

If he is moved to build a car, he will build a car – and to play that finite game, he will make use of the finite intelligence of the dual mind. Yet both the intention and the inspiration will originate within the core of himself – the true Self. While the finite player's intention and inspiration will originate within the appearance of himself – the egoic self. The egoic self plays to win. The true Self plays to play:

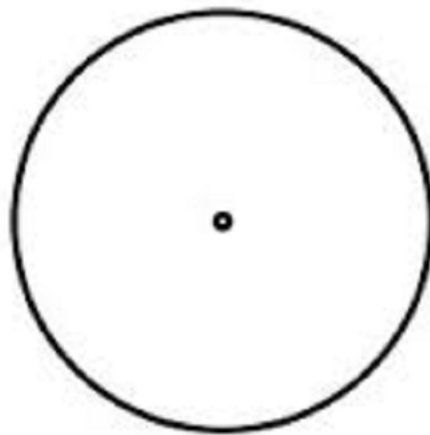


This is how the infinite player's finite play usually turns out to be much more unpredictable and unique than the finite player's finite play. The utter detachment from the outcome of the play, the utter focus on the creative process itself, and the inspiration drawn from the true Self during the process result in a creative process that tends to be full of surprise and beauty.

The finite player's finite play on the other hand tends to lack both the newness and the beauty. This isn't surprising at all. After all, he plays to win. The process he engages in is supposed to be functional, and it will only be considered functional if it satisfies the intent of winning. It's serious play. It's calculated play. Therefore, it's not play at all. It's all business. It's war.

The egoic self only ever pretends to want peace. It only ever pretends to want to awaken to clarity, simplicity and playfulness. It only ever pretends to be changed by an awakening. And that's because it can only ever pretend to be real. And in order to be convincing, it has to go to war. By nature, the egoic self is a warrior of its own making, and any game it plays is its battlefield.

Nondual living requires to go back not only to square one, but to circle one. You need to wake up from the dream, you need to get out of the mind. Only then do you oversee the process of creation of both unity consciousness and separate consciousness. Only then do you oversee the origin of the egoic self and the infinite complexity created by the dual mind. Only then do you see as the true Self – because you realize that you are the true Self. You see beyond square one, you see as the original circle.



And that last circle disappears into its center point. And that last point now disappears. And nothing remains. Nothingness, the Absolute. The zero to the one. You can't picture it. You can't know it. You are it.

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